

VERNIQUE ESTHER OFILI, LCSW

Therapist | Life Coach | Workplace
Wellbeing Consultant

ABOUT ME

Vernique is a mental health clinician specializing in Emotional & Relational Trauma. She is founder of Authentically Wed and The Wholeness Academy, a global community and digital learning hub committed to teaching people to heal and build healthy relationships through practical methodology.

She also serves as an Employee Wellness practitioner providing workshops, wellness events, and advising leaders on how to improve employee retention and overall wellness by prioritizing emotional safety within workplace culture

Vernique is a passionate and engaging speaker that leaves attendees, not only empowered, but with the practical application needed to actively move their lives forward.

SERVICES & RATES

Non-Signature Speaking Engagements	fr. \$2,500
Signature Workshop (final investment depending on # of attendees)	fr. \$1,500
Curated Full-Day Wellness Events	fr. \$5,000
Consulting/Evaluations	fr. \$250/hr



SOCIAL STATS

@verniqueesther

321K

Reach

74K

Engagement

37.6K

Followers

TOPIC AREAS

- Creating and Maintaining Healthy Relationships
- "The Trauma Languages Workshop": The Impact of Trauma in Business and Professional Settings
- The Intersectionality of Trauma and Faith
- Cultural Humility in the Workplace
- Navigating Relationships in Professional Environments: Prioritizing Emotional Wellbeing in the Workplace
- The Formula to Healthy Boundaries